

FTP UPLOAD INSTRUCTIONS

When using a PC

Log onto ftp://abex.com

Username: **graphics**

Password: **uploads**

Then simply drag and drop your file in.

When using a MAC

Log onto ftp://abex.com

Note: You should use an FTP loading software such as FETCH

Username: **graphics**

Password: **uploads**

Then simply drag and drop your file in.

Here's a link to download FETCH ftp software for a mac computer:

<http://fetchsoftworks.com>